# TIPS N TECHNIQUES FOR REHAB

# FLORIDA ALLIANCE OF COMMUNITY DEVELOPMENT CORPORATIONS

OCTOBER 2019



### WHAT ARE WE DOING?

- Emergency Repair-Crisis Response
- Scope Specific-Roof/Ramp
- × Weatherization
- × Major Rehab

#### × Purpose

- + Funder "Flavors"
- + Budget defines Scope

#### Rehab Directives

- Health and Safety
- + Accessibility
- + Conservation
- + Green Building
- + Disaster Rebuilding



#### LEVERAGING RESOURCES

- X Know other Community
  Partners
- Understand their capacity
- Well trained inspectors are key

- × 1- Funding requirements
  - + Income/Family size
  - + Allowable scope of work
  - 2- Waiting List?
  - 3- Priorities?

Does your inspector know the programs?



#### VOLUNTEERS CAN MAKE A DIFFERENCE







Volunteers from the youth group of First Christian Church, Disciples of Christ

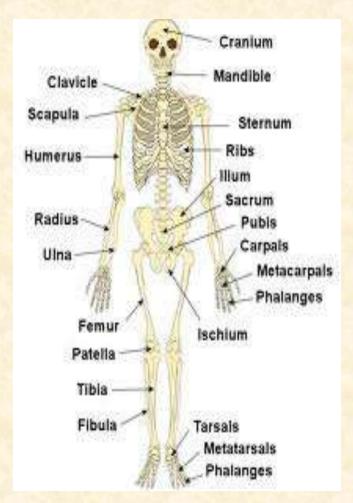
# 5 MAJOR HOUSING COMPONENTS

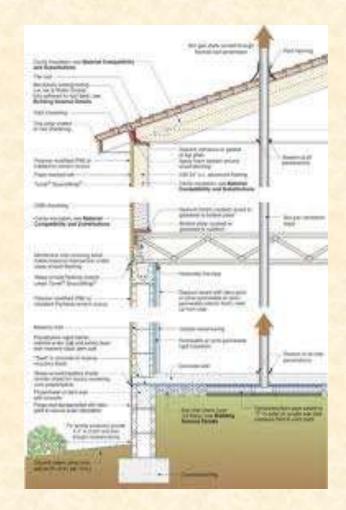
- > Roof
- >Structural
- > Mechanical
- > Exterior
- >Interior

All of these must be considered when you consider doing any work to a home.



#### House as a System





**Notice Any Similarities?** 



#### Inspectors are key

#### **Inspection Process**

- What is the focus?
- Who will see the report?
- What are the clients needs? Wants?
- What is the budget?
- Are there other resources?



#### Let's Talk about Occupying the Space

Take A Minute And Talk To Your Client No One Knows The House Better Than They Do. Even If They Don't Know It.

- Ask About Their Needs
- > Is It Cold
- > Is It Hot
- Ask About Water
- How Do They Get Around
- Where Do They Sleep
- Where Do They Go To The Bathroom And Shower





# Let's Talk About Inspections





#### Inspection tools depend on the task

- Blower Door
- Thermal Imaging Camera
- Pressure Pan
- Duct Blaster Manometer
- Gas Leak Detector
- Monoxer
- Extension Cord \$7500

- Tape Measure
- Ladder
- Cordless Drill and/or Screwdrivers
- Set of Wrenches
- Change of Clothing Notepad
- Camera
- Flashlight

\$100



# WHAT IS A BUILDING ENVELOPE?

A blower door tests for air leaks; reduce leaks by sealing openings in ceilings, floors, and exterior walls from plumbing, electrical, and HVAC elements.









### Improving Energy Efficiency

- >Air seal / tighten building envelope
- >Add cellulose attic insulation to R-38
- Install Energy Star bath exhaust vents
- Install compact fluorescent light bulbs
- >Seal & insulate duct systems
- > Replace refrigerator, when testing requires
- > Replace heating & cooling systems
- Consider Solar/PV systems



#### **Emergency Home Repairs**

FROM THIS

TO THIS







#### MAJOR REHAB



Before





After



# "Every rainy day I want to thank you!"-DOUG BERNDT







#### Aging-In-Place

LIVING IN YOUR HOME SAFELY,
INDEPENDENTLY, AND COMFORTABLY,
REGARDLESS OF AGE OR ABILITY LEVEL.







#### Bathroom Rehab







#### SIMPLE SOLUTIONS- EXPANDABLE DOOR HINGE





# HURRICANE REBUILDING







#### **BATHROOMS**

- Walls must be reinforced for future grab bar installation
- Maneuverable space inside bathroom
  - Minimum of 30" by 48" of clear floor space outside swing of door open at 90 degrees
- Lever or push/pull handles preferred
  - > Sink and tub handles
- Receptacles in accessible locations
- Accessible switches





## BLOWER DOORS – DUAL PURPOSE

#### **Improve Indoor Air Quality**



U.S. Department of Energy -Weatherization Assistance Program

#### Inspections:

- ➤ look for leaky ductwork
- ➢ locate air leaks
- > reduce indoor dust/pollen



#### **INCREASE ENERGY CONSERVATION**

Healthy housing improves Indoor Air Quality

Mold cannot grow if indoor humidity is below 50%

Tight ducts do not allow dust or pollen





# BATH EXHAUST VENTS

Installing adequate ventilation helps control moisture, mold and mildew, and remove objectionable odors.









# SIMPLE SOLUTIONS- HAND HELD SHOWER CONTROLS AT THE HANDLE





Offset Hinges

On Off Control at the handle



#### MORE SWITCHES, OUTLETS, & CONTROLS

- Light, fan, thermostat & other switches/controls
  - No higher than 48" from the floor and reachable if seated
- > Wall outlets
  - > At least 15" from the floor (some may be less)
- Electrical outlets over cabinets must be at least 36" from the corner
- Best switches
  - > Rocker, toggle, or touch sensitive



#### **SUCCESS: NOT WORKING IN SILOS**

Funding changes

Medicaid/Medicare

Full funding for SHIP

Incorporate Accessibility

and Conservation in all
housing inspections

#### × Partners

- Hospitals and Insurance companies
- + Social Service agencies and Housing groups- no silos
- + Involve young people



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AIR SEALING / TIGHTEN BUILDING ENVELOPE

ADD CELLULOSE ATTIC INSULATION TO R-38
INSTALL ENERGY STAR BATH EXHAUST VENTS
SMART THERMOSTAT (REQUEST WAIVER FOR ELDERLY TENANTS)

INSTALL COMPACT FLUORESCENT LIGHT BULBS
SEAL & INSULATE DUCT SYSTEMS, TESTING REQUIRED
REPLACE REFRIGERATOR, WHEN TESTING REQUIRES
REPLACE HEATING & COOLING SYSTEMS, ALL DUCT
WORK

INSTALL ENERGY STAR BATH EXHAUST VENTS
SMART THERMOSTAT (REQUEST WAIVER FOR ELDERLY TENANTS)

INSTALL COMPACT FLUORESCENT LIGHT BULBS SEAL & INSULATE DUCT SYSTEMS, TESTING REQUIRED

- Replace refrigerator, when testing requires
- Replace heating & cooling systems, all duct work
- Air sealing / tighten building envelope
- Add cellulose attic insulation to R-38
- Install Energy Star bath exhaust vents
- Smart Thermostat (request waiver for elderly tenants)
- Install compact fluorescent light bulbs
- Seal & insulate duct systems, testing required
- Replace refrigerator, when testing requires

# WEATHERIZATION

